



Spiritual Preparation for a Missions Trip

Prayer

- Pray for your own spiritual growth
- The team's personal needs
- Your ministry location
- For a love for the people you will minister to
- Health for the team members
- Ask some people who care about you to pray for you before, during, and after your trip.

Bible Study

- God most often speaks to us through His Word.
- Quality, not quantity, is the key. Pick one passage or chapter of Scripture for the day or utilize a good devotional Bible.
- Ask God to speak to you and look for ways to apply Scripture to your life.

Journaling

- Keep a record of your daily walk with God.
- Write down answers to prayer and verses in the Bible that are meaningful to you.
- You can also write down your thoughts and feelings about life.

Testimony

- Prepare a brief testimony of how you entered into a relationship with God.
- Also, talk about what God is doing in your life right now.
- Write down key points in a journal or type them out so that you will have a guide.
- You may be asked to share your testimony in a group setting or use it to talk to an individual.
- People can argue about doctrine, but no one can debate your personal experience with God.